





ST. ANNE'S

136 Church St., Palmyra 14522
 315 597-4571
 e-mail: pstannec@dor.org
 Office hours 9-5 M-F
 &

ST. GREGORY'S

3799 Union St., Marion 14505,
 315 926-4323
 e-mail: mstgrego@dor.org
 Office hours 10-2 M-W, 10-1 Th

CHURCH OF THE EPIPHANY

105 W. Main St., Sodus 14551
 315 483-6111 Fax: 315 483-0325
 e-mail: erose314@dor.org
 Office hours 9-5 M-Th
 Friday--call first

MISSION OF ST. ROSE

7502 Fitzhugh St., Sodus Point

ST. PATRICK'S

52 Main St., Macedon 14502
 315 986-5671 Fax: 315 986-4398
 e-mail: mstpatri@dor.org
 Office hours: 9-4 Mon-Thu

ST. MARY'S OF THE LAKE

5823 Walworth Rd., PO Box 499, Ontario 14519
 315 524-2611 Fax: 315 524-8353
 e-mail: ostmarys@dor.org
 www.stmaryofthelake-ontario.org

ST. MICHAEL'S CHURCH

401 S. Main St., Newark 14513
 315 331-6753 Fax: 315 331-2925
 e-mail: nstmicha@dor.org
 www.stmichaelsnewark.org
 School: 315 331-2297
 Schools.dor.org/stmichaelnew



Stephen Ministry



St. Michael's Church Newark, New York

February 3, 2008

This week we begin our Lenten journey. The first reading on Ash Wednesday reminds us, "Rend your hearts, not your garments, and return to the LORD, your God." Joel calls his listeners, both then and now, to interiority. In his culture, an act of repentance would be to rend one's garments, to literally pull the garments apart, violently. Joel encourages them now to rend their hearts, to bring that same kind of pulling apart to their hearts, their very being. To reorient their hearts, minds and souls to God by re-examining their lives, to look at "where their heart lies."

I love chocolate. If it were its own food group, I would become a "chocolaterian!" However, having just been through December, and all the food that comes with the holidays, I have found myself with a few added pounds. In the office, it can be easy to find some chocolate or donuts or some sweet candy lying in a dish or on a table somewhere. So...I have asked the staff to consider trading these kinds of snacks for more healthy ones...carrots, celery, grapes, etc. I have been met with mixed reviews (Katie has already assured me that going without chocolate for 40 days would not make for a warm and friendly person at the office door!).

However, in light of the prophet Joel, I need to consider something deeper for my Lenten journey. I need to rend my heart and not just my sweet tooth. What does it mean to open my heart, to pull apart my heart? I believe that I need to look at what "food items" I have been feeding my heart.

I find that I feed a lot on criticism (both of myself and of others), negativity, perfectionism and procrastination. I also find that I am feeding more on hurried time rather than quality time. I am feeding more on thoughts of the future or the past rather than being in the present moment. And, I find that I am feeding more on technology (TV, radio, iPod) rather than reading and quiet time.

Lent gives us the opportunity to examine our internal feeding habits and look at ways to diet from them and give ourselves a healthy, more spiritually vibrant lifestyle and being. To give more time to prayer, fasting and almsgiving; to give more time to present moments rather than hurried and hectic lives rushing into an unexamined future; to give more credence to our worthiness and value, and less to our self-critique. To give more time to relationships that give us life rather than to ones that tear us down. To build up our faith and our relationship with God. To consume a diet that feeds us with words of life...and occasionally chocolate!

Blessings,
 Fr. Mark

DAY	MASS INTENTION	EVENTS
Sunday, February 3 Fourth Sunday of Ordinary Time	8:15 am ~Ralph Gebauer—the Buerman family 10:30 am ~ (A) Anunzio DeMarco—his children	9:15-10:15 am K-5 faith Formation @ SMS Noon Baptisms 6:30– 8pm SCOOCH (high school youth group) ~”Souper” Bowl collection after all Masses~
Monday, February 4 Weekday	10:00 am Mass @ DeMay Living Center ~ Marguerite Allen—Legacy	1:00 pm Rosary for the Unborn in the Chapel 7:00 pm RCIA @ Betty Howlett’s house
Tuesday, February 5 Agatha, virgin, martyr	8:00 am ~ For all living & deceased members of St. Michael’s Parish ~ Don Viola—Frank J. DeMarco	7:00 pm Pastoral Council 7:00 pm Contemporary Music Rehearsal
Wednesday, February 6 Ash Wednesday	6:45 am ~ Rozanne Frederick—Mary, Vera, Edith & Anita Satta 12:10 pm ~ Elizabeth Barrett—Josette & Luke Kornbau 7:00 pm ~ Tom Cowles—Charlie, Pattie & Alex Bowers	3:45– 4:30 pm Children’s Choir ~ NO CHOIR~ LENT BEGINS
Thursday, February 7 Lenten, Weekday	8:00 am Liturgy of the Word, with communion ~ In the Chapel	7:00 pm Via Crucis/charla/Reflexion (Capilla/Chapel)
Friday, February 8 Lenten Weekday	8:00 am ~ Shirley Powers—Jim Brennan	12:00 pm Lenten Lunch @ St. Mark’s (please note change of location)
Saturday, February 9 Lenten Weekday	7:30 am ~ BobWage—Ron & Betty Atkinson 4:30 pm ~ William Clark—Mary & family	11:00 am Marian Cenacle 3:15 pm Confessions ~ <i>Rosary & Altar Society Valentine Sweet Treat Sale after Mass in Church Hall</i> ~
Sunday, February 10 First Sunday of Lent	8:15 am ~ Richard Finewood—Betty & family 10:30 am ~ Jan Kuczminski—wife & family	9:15-10:15 am K-5 faith Formation @ SMS 10:30 am Children’s Mass 6:30– 8pm SCOOCH (high school youth group) ~ <i>Rosary & Altar Society Valentine Sweet Treat Sale after all Masses in Church Hall</i> ~



SCHEDULE FOR ASH WEDNESDAY, FEBRUARY 6		
<u>ALTAR SERVERS:</u>	<u>LECTORS:</u>	<u>COMMENTATORS:</u>
12:10 pm: B. & K. Bremer	A. Straight	K Fisher
7:00 pm: B. Litts & S. Sapp	C. Hasseler	R. Atkinson
<u>EUCCHARISTIC MINISTERS:</u>		
12:10 pm: B. Semmler, K. Semmler, S. Hartman* E. Ahrans, M.G. Eberl, P. Dennis		
7:00 pm: E. George, K. George, P. Iocco* L. Trout, B. Howlett, R. Krolak		

SCHEDULES
WEEKEND OF February 9-10

MASS	ALTAR SERVERS	LECTORS	COMMENTATORS	EUCCHARISTIC MINISTERS
SATURDAY FEB 9, 4:30 PM	S. & M. Middlebrook	D. Barrett	L. Harris	J. Bowens, E. Dundas, M. Dundas* J. DeCook, M. Hegeman, M. Palermo
SUNDAY FEB 10, 8:15 AM	B. & S. Uveges	T. Damick	D. Jackson	R. Krolak, P. Kukuvka, M. Lyon* P. Malach, R. McHale, D. Nicoletta
SUNDAY FEB 10, 10:30 AM	M. & R. Kreuser	A. Doyle	K. Vitaro	J. Housecamp, P. Iocco, K. Joslyn* S. Joslyn, R. Dewa, H. Kreuser

MONEY COUNTERS
Dr. Mooney, Captain

COFFEE HOUR
Youth Group French Toast Breakfast

bold = bread minister, * = cup washer

To everything there is a season and a time to every purpose under heaven

"... a time to be born..."

"...a time to love..."

"... a time to be healed..."

Please pray for the sick of our Parish:

Kathryn Healy, Maria Gligorijevic, Marianna Venoski, Theresa Lagana, Orville Martin, Bob LaBombard, Georgianna Delles, Helen Salamone, Tyler Jodus, Tony Passalacqua, Frances Mason Sr., Liz Hernandez, Barbara Tillman, Tina Crespo, Harold Crouch, Don Nicoletta, Gloria Critchfield, Meadow Hughes & Kim Zielinski

And please pray for our Parish friends:

Matt Bronzo, Betty Albrecht, Lance Rogers, Helen Bevier, Tracey & Baby, Bob Albrecht, Marie Orr, Mrs. Nelson

"... a time to die..."

"... and a time for peace."

In our world and for all people, military and civilian, who are in the midst of war.

Ecclesiastes 3:11

NEWS & NOTES...



VALENTINE SWEET TREAT SALE

February 9 & 10 after all Masses in the Church Hall: The members of the Rosary & Altar Society will be baking wonderful sweet treats for you to share with all of your valentines. Please come to the church hall after all masses on Feb. 9 & 10 to make your selection. The proceeds of this "Sweet Sale" will go to The House of John.

Step back from Life and take yourself on RETREAT!

Notre Dame Retreat House is close by in Canandaigua and offers the following special retreats just for St. Michael's:

Men's 2008 Retreat: February 15-17—You may call Peter Castro from our parish for more details @ 331-6494.

Women's 2008 Retreat: May 16-17

Couples 2008 Retreat: February 22-24

For more information or to make reservations please call 585-394-5700. Website: www.ndretreat.org

FRENCH TOAST "SWEETHEART" BREAKFAST!

Sunday February 10, 2008

8:00 a.m. – 12 noon

St. Michael's Church Hall

Serving: \$4.00 adult

French toast, Sausage, \$2.00 children 10 & under

Coffee, Juice, Milk \$10.00 maximum per family

YOUR BREAKFAST PREPARED BY
PROFESSIONAL CHEF CURTIS



The Angels of Faith Ministry to Women will meet on Monday, February 11th at 7 PM at Cindy Kukuwka's home at 210 Charlotte St. Newark.

"Come out to meet Him!"(mt.25:6) The Catholic churches of Yates, Ontario & Wayne counties invite you and your family to a *Service of Reconciliation and Hope on:*

Sunday, February 17, 2008 @ 4pm @ St. Michael's Church, Newark or Sunday, February 24, 2008 @ 3pm @ St. Mary's Church, Canandaigua

These prayer services are an invitation for you to come and meet the Lord through prayer, Scripture, reflection and the opportunity for individual confession. This is part of the diocesan *Spirit Alive!* Spiritual renewal process initiated by Bishop Matthew Clark.

The First Lenten Luncheon will be held on Friday, February 8 at St. Mark's Church*. All Lenten luncheons begin at noon and will include a speaker. The speaker for this luncheon will be Rev. Michael Weeden. Schedule as follows:

- February 15 @ Park Presbyterian—Rev. Steve Matteson
 - February 22 @ Woodlane Community Church—Rev. Carlos Smith
 - February 29 @ Park Presbyterian-First Baptist providing lunch— Rev. Mark Brewer
 - March 7 @ 1st United Methodist—Rev. J. Christy Wareham
 - * March 14 @ St. Michael's—Rev. Tim Johnson
- * Please note changes in schedule.**

Lenten Regulations

The following regulations for Lenten Sacrifice are based on the 1983 Code of Canon Law.

- All Fridays of Lent are days of abstinence from meat for Catholics over 14.
- Ash Wednesday (Feb. 6) and Good Friday (March 21) are days of fasting and abstinence for Catholics between the ages of 18 and 59. Fasting means taking only one full meal and two smaller meals that, together, do not equal one full meal.
- Throughout Lent, Catholics are especially encouraged to perform voluntary acts of penance.

Cleaning closets or clutter on these **cold chilly** winter days...Remember **St. Michael's Spring Rummage Sale**. Bring your unwanted treasures to us.

Next week February 9 & 10 the second collection will be for **Black & Native American Missions** Thank you for your generosity.

Dear Church Family,

This past Saturday we had our middle school retreat on HOPE. It was a great day, and the 9 participants (all girls) seemed to get a lot out of this prayerful and meditative experience.

It was the first time a few of them have ever experienced a "retreat," and my desire is that it will cause them to hunger for more, because time spent in search of God is certainly time well spent.

The day was filled with a lot of laughter, sharing, silent prayer and journaling. We focused on how hope is relevant to our lives both now and in the future—even in the darkest of times.

When I'm putting together a retreat day like this, I always start out with a mission statement for the day, and the goal this year was "for the youth to be empowered to feel that, even in times of struggle and hardship, there is HOPE—for where there is HOPE there is also faith and love." I know, I get a little poetic, don't I? But the thought was sincere.

Whenever I facilitate a day like this one, I'm usually nervous. Saturday was no exception, so when I woke up that morning, I took the advice given to me by my predecessor, Mary Dundas—and put my anxiousness into the hands of the Holy Spirit. I prayed that this day would bring these young people into a deeper and closer relationship with God, with the realization that God is always there for them and with them—no matter what.

I know the day did not work miracles, but we did build deeper relationships with one another, and that in itself was very special. Below you will find two poems written during reflection time by Ashley Farley, a 7th grade participant. I think you'll agree with me that her words confirm my belief that young people have a very genuine and deep spirituality. I know they give me "hope" for the future.

Have a wonderful week. Love, Jeanette

The Sound of Hope

*The sound of hope is unlike any other,
for it has the song of a nightingale,
the music of the waves rushing to the shore,
but most of all—it has the voice of our Lord singing
us to sleep—in hope of a new day.*

The Candle of Hope

*When the Lord was giving each of us a gift to use in
the world...He also gave us each a candle and said,
"This is hope. Light this candle whenever and
wherever you are — for it shall give thee a feeling
strong and pure, no matter how dark it may seem."*

P.S. A special thanks to Elaine Housecamp for her help with the retreat and her generosity in supplying all the food for our dinner feast. It was greatly appreciated!

SCOOCH & KFC NEWS:

Monday was our **KFC Bowling Party**, and a fun time was had by all! Although the "league" bowlers didn't seem too thrilled with our exuberance, we were! It was great to see the kids really have some fun, especially after a week of midterms. That can be pretty stressful.

Members of both youth groups will be collecting for our annual "Souper" Bowl collection before and after all Masses this weekend. All proceeds will be used locally.

We'll also be selling tickets to our **French Toast Sweetheart Breakfast**, which will take place on **Sunday, Feb. 10th from 8:00 AM 'til 12 Noon.**

We've secured the services of Curtis Childs, a professional chef—so please plan on joining us. All proceeds from this will be used for youth ministry projects.

Thank you in advance for your generosity! We can always count on the wonderful community here at St. Michael's!

From your school

Thank you for all of the wonderful support and interaction that we received during Catholic Schools Week. The response to the coffee hour and pancake breakfast was sensational. In your bulletins this week, we have enclosed some letters of gratitude from our students.

Don't forget March 1, 2008 is our school auction. Our theme of Excellence in Education brings together everything that we celebrated during Catholic Schools Week.

Check out our website (<http://schools.dor.org/stmichaelnew>) for all of the new and exciting entries to our auction! Tickets are available through the St. Michael School office. 315-331-2297.

HISPANIC COMMUNITY

Empezamos la Cuaresma esta Semana

Para recordarnos de nuestra dependencia de Dios y la importancia de convertirnos y seguir a Jesucristo y el evangelio recibimos cenizas en la frente el miércoles.

Las Misas son a las 6:45 a.m., 12:10 p.m., 7:00 p.m.

¿Está dispuesto a mirarse hacia adentro y cuestionar sus pensamientos, sus actitudes, sus acciones, su vida?

Cada jueves a las 7:00 p.m. durante la Cuaresma tendremos la oración del Vía Crucis, seguida por una charla y reflexión. Nos reuniremos en la capilla de la iglesia empezando este jueves, 7 de febrero. Favor de invitar a sus familiares, amigos y conocidos.

Este es un tiempo de oración, y se puede orar en cualquier lugar. Por el Internet, los jesuitas dan una guía diaria para su oración y reflexión. **El orar frente a su computador es sencillo y beneficioso.** Vaya al: www.sacredspace.ie y se guía en oración en español o 23 otros idiomas.

ST. ANNE'S & ST. GREGORY'S

Pastor: Rev. Jim Jaeger 597-4571
Pastoral Associate:
Donna Fitch (585) 223-1112 (h)
Deacon: Jim Fitch (585) 223-1112 (h)
Youth Ministry Coordinator:
Ericca Caccamise
St. Anne's Family Resource Center
201 Canandaigua St. (315) 597-9694
Pre-school & Child Care
Reconciliation:
Sun. 7:30am-SA; After 9:30 Mass-SG,
or by appointment
Eucharist
8:00 a.m. at St. Anne's 9:30 a.m.
at St. Gregory's

ST. MARY'S OF THE LAKE

Pastor: Rev. Symon Peter Ntaiya
Religious Ed.: Linda Moll ostmarys@dor.org
Liturgy Coordinator: Carol May cmay@dor.org
Business Manager: Michele Maier mmaier@dor.org
Parish Secretary: Kathy Pritchett ostmarys@dor.org
Parish Council Chair: Gerry D'Amico, 524-8229
Lord's Day Masses: Sunday-8:30 & 11:15 a.m.
Office Hours: 8-4 M-T, 8-2:30 F

SPONSOR OF THE WEEK

We thank
Wayne ARC
for continuing to sponsor an ad
in our bulletin

CHURCH OF THE EPIPHANY & ST. ROSE

Pastor: Rev. Symon Peter Ntaiya
Deacon: CCWWC - Jim Nail
Faith Formation Coordinator: Mona Matuzzi
Youth Minister: Corey Ginett
Reconciliation: Tues. 6:00 p.m.(or by appointment)
Eucharist:
Saturday: 5:30 p.m. (St. Rose - Sodas Pt.)
Sunday 8:30 (St. Rose - Summer)
Sunday: 10:30 a.m. (English) & 2:00 p.m. (Español)

ST. PATRICK'S

Pastor: Rev. William Laird
Liturgy Coordinator: Michael Nicosia
Music Coordinator: Suzanne Portland
Religious Ed. Coordinator:
Elaine Doyle, 986-2021 (9:30-2:30 Tues-Fri)
Youth Minister: Betty Schultz 986-9620 (o) 986-5858 (h)
Reconciliation: Saturday, 4-4:45 p.m. or by appointment
Eucharist
Saturday-5:00 p.m. Sunday- 10:30 a.m.
Secretary/Bookkeeper: Prudy Luke & Karen Muhs

ST. MICHAEL'S CHURCH, NEWARK

Pastor: Fr. Mark Brewer, fbrewer@dor.org
Pastoral Minister: Patricia Albrecht, albrecht@dor.org
Faith Formation/Youth Ministry : Jeanette Housecamp, jhousecamp@dor.org
Bookkeeper: Joan Harris, jharris@dor.org ~ **Music Director:** Barbara Rathbun, 462-9447
Parish Secretary: Katie Childs, kchilds@dor.org
St. Michael School Principal: Pauline DeCann, 331-2297
Chuck Mann, Pastoral Council Chair ~ **Dick Boerman**, Finance Council Chair
Reconciliation: Saturday, 3:15-4:15 p.m. or by appointment
Eucharist: Saturday: 4:30 p.m. **Sunday:** 8:15 & 10:30 a.m.
Baptism: Celebrated during Masses. Call the Parish Center @ 331-6753 for preparation.
Marriage: Saturday's @ 11 a.m. & 2 p.m. Please contact the Parish Center 6 months in advance for preparation.
Sacrament of the Sick: We want to be with individuals and families at the time of serious illness and offer sacramental and pastoral presence. Please call us to let us know of hospitalization or the need for a home visit. The Sacrament of the Sick is also available at any weekend Mass.
New Parishioners: We are happy to welcome new members! Please call Pat Albrecht @ 331-6753 to register.
Faith Formation/Youth Ministry Grades K-5, 9:15—10:15 a.m. at St. Michael School. Grades 6-8, 6:30—8:00 p.m. every other Monday. Grades 9-12, 6:30—8 p.m. Sunday Evenings. Call 331-6753 for a schedule.
St. Michael School. Regional School, PreK-8. Call Mrs. Pauline DeCann, 331-2297 for more information about our Parish School.
RCIA: Interested in becoming Catholic? See any staff member or call 331-6753.